



**CURT – TAUC- Ironworkers – IMPACT – Heat & Frost Insulators LMCT
Supplemental Additional Resources
April 13, 2022, Webinar**

1. Article: Optimizing Surgical Outcomes

Insurance Thought Leadership (Oct 10, 2021)

Brand Newland and Cal Beyer

<https://www.insurancethoughtleadership.com/life-health/optimizing-surgical-outcomes>

2. Article: Waging a Counterattack on Opioids in the Workplace and at Home

CFMA *Building Profits* article

- **Online version**

<https://www.cfmaponline.net/cfmapb/03042022/MobilePagedArticle.action?articleId=1776843#articleId1776843>

- **PDF Version**

<https://cfma.org/files/o-files/view-file/7eb2bd81-7ccf-46b3-a3b6-aa71aa7dbfb1>

3. Article: Is 'Dopesick' a true story? Experts and the show's creators sort fact from fiction

NPR article (11/8/2021)

Dopesick (2021) - Hulu Miniseries – 8 part

<https://www.npr.org/2021/11/08/1051475843/dopesick-hulu-true-story-opioid-addiction>

4. 2-minute Toolbox Talk on Suicide Prevention & Opioids in Construction

- **Produced by WA Dept of Labor & Industries in 2020 (in the public domain)**

- <https://www.youtube.com/watch?v=empsWzqpQaE&feature=share>

5. Examples of Lived Experience on Opioids

Holmes Murphy Blog

Opioid Crisis Worsens (Blog) about Dopesick

<https://www.holmesmurphy.com/2022/03/opioid-crisis-worsens/>

CFMA Content Hub

Lived Experience: Rob Trymbulak

I Found Freedom From Addiction in Treatment and Recovery

<https://cfma.org/articles/i-found-freedom-from-addiction-in-treatment-and-recovery>

Moxy: The Voice of Women In Infrastructure

Lived Experience by 2 Women in Construction

Speaking out from the Shadows

<https://www.themoxyvoice.com/moxy-voice/speaking-out-from-the-shadows>

Engineering News-Record; July 29, 2021

Safety Advocates See Strength in Numbers to Combat Suicide and Substance Misuse

<https://www.enr.com/articles/52163-safety-advocates-see-strength-in-numbers-to-combat-suicide-and-substance-misuse>

6. Video recording from the 2021 Virtual Annual Conference of the Iron Workers and IMPACT joint labor management trust.

This video is posted on the IMPACT webpage:

<https://www.youtube.com/watch?v=TOyqNC-WbrI&feature=youtu.be>

Starting at 25:14 through 57:13 is the presentation

- Shawn Nehiley, Vice President for the Iron Workers from New England.
- A majority of this presentation is an upfront and personal conversation with Shawn about the issue of addiction recovery

**7. Gone for Good Campaign – SAFE Project in conjunction with Deterra Systems
Free opioid deactivation pouch during April 1-31**

<https://www.safeproject.us/gone-for-good/>

<https://deterrasystem.com/SAFE/>

-- During the month of April to request a **free** large Deterra Pouch be mailed directly to your home. Each Deterra Pouch can deactivate up to 90 pills, 12 ounces of liquid, or up to 12 patches

8. 10 Questions to Ask Your Surgeon (Goldfinch Health)

<https://www.goldfinchhealth.com/10-questions-surgery/>

9. Pacira Biosciences

Plan Against Pain (2018 report) with toolkit

<https://www.planagainstpain.com/explore-our-toolkit/2018-national-report/>

10. SAFE Project (Stop the Addiction Fatality Epidemic)

Naloxone Resources: <https://www.safeproject.us/naloxone/>

www.safeproject.us

11. Article: The Need to Offer Better Perinatal Plans

Insurance Thought Leadership (Jan 20, 2022)

Cal Beyer & Jenny Morrow

Key Takeaway: Reduce # of C-sections to reduce risk of persistent opioid use

<https://www.insurancethoughtleadership.com/life-health/need-offer-better-perinatal-plans>